

7-DAY PRAYER GUIDE

Pray
FOR GEN Z





PRAYER GUIDE

InterVarsity is a campus ministry longing to see college students and faculty know and experience the real hope of Jesus. Today's college students and emerging faculty are a part of Gen Z (born in 1997-2012). Below are some distinctives about this new generation.

Gen Z's earliest memories include September 11, the Great Recession, and school shootings (and regular lockdown drills that followed).

Footage of nearly every unfortunate event that's happened during their lives is easily accessible. No wonder

Gen Z is significantly more anxious and more sensitive than previous generations.

On the flip side, Gen Z greatly values inclusivity. They long for a more equitable world, having grown up in an increasingly multicultural society. They have incredible potential to make the world a better place, and many of them deeply desire that.

We pray that Gen Z students and faculty would see how beautiful a relationship and life with Christ can be.

Would you join us in praying for this generation for the next seven days?

DAY 1

Remember

“The Lord passed in front of Moses, calling out, ‘Yahweh! The Lord! The God of compassion and mercy! I am slow to anger and filled with unfailing love and faithfulness. I lavish unfailing love to a thousand generations.’” —Exodus 34:6-7a

We start with the reminder of God’s promises given to past and future generations. As we seek to love this generation of college students and emerging faculty, we’re reminded of his unfailing love and

faithfulness. During this prayer time, recount God's love for you and the generation you represent.

PRAYER

- Praise God for being full of compassion and mercy and slow to anger. Praise him for his unfailing love and faithfulness.
- Pray for the Lord to open your heart to love this generation as much as he does.

DAY 2

Vision

"I will pour out my Spirit on all people. Your sons and daughters will prophesy, your old men will dream dreams, your young men will see visions. Even on my servants, both men and women, I will pour out my Spirit in those days." —Joel 2:28-29

God has given InterVarsity a calling to long for revival as we catalyze movements that call every corner of every campus to follow Jesus. However, we need God's vision in seeing how this calling will come to

fruition. Will you join our ministry in praying for God to meet this generation as we invite them to follow Jesus?

PRAYER

- Pray for God's Spirit to empower all of us, especially this next generation of college students and faculty as they take ownership of ministry on campus.
- Pray for God to share his prophecies, dreams, and visions with every generation as we seek revival on campuses together.

DAY 3

Partnership

“So Joshua fought the Amalekites as Moses had ordered, and Moses, Aaron and Hur went to the top of the hill. As long as Moses held up his hands, the Israelites were winning, but whenever he lowered his hands, the Amalekites were winning. When Moses’ hands grew tired, they took a stone and put it under him and he sat on it. Aaron and Hur held his hands up—one on one side, one on the other—so that his hands remained steady till sunset.” —Exodus 17:10-13

In Exodus 17, we see Moses going up the mountain top to watch and pray for Joshua's army as they fought in the valley below. Soon Moses' hands of prayer began to weaken, and the Amalekites began to prevail against the Israelites. But with the support of Aaron and Hur, Moses persevered in prayer until Joshua and his young army defeated their enemies. This is what united and focused prayer can do! The victory of one generation is tied to the faith and prayers of another generation. This multigenerational partnership is how God uses all of us to see revival on campuses.

PRAYER

- Pray for God to use multigenerational partnership as we seek revival together. Ask God to help you recognize your need for the gifts and insights of Gen Z.
- Praise God for the ways we have already seen victory together from generation to generation.

DAY 4

Intercession

“Lord, let your ear be attentive to the prayer of this your servant and to the prayer of your servants who delight in revering your name.” —Nehemiah 1:11a

An intercessor, like a mediator, stands in the gap between heaven and earth, praying until it is “on earth as it is in heaven” (Matthew 6:10). InterVarsity longs to see the campus renewed and restored. Would you support this generation (similar to Aaron and Hur) by interceding?

PRAYER

- Pray “your kingdom come on campus as it is in heaven” for a college campus near you.
- Pray for a college student you know. Pray that God will use them to bring his renewal and restoration.

DAY 5

Barriers

“And even if our gospel is veiled, it is veiled to those who are perishing. The god of this age has blinded the minds of unbelievers, so that they cannot see the light of the gospel that displays the glory of Christ, who is the image of God.” —2 Corinthians 4:3-4

We all live in a broken world filled with injustice, pain, hurt, and evil. Every generation experiences barriers that might hinder their access to the gospel. Would you pray against these barriers, especially

those currently impacting Gen Z students and emerging faculty?

PRAYER

- Pray for this generation to see Jesus and for barriers (sin, opinions of others, hardness of heart, etc.) to be removed.
- Pray against the brokenness this generation encounters. Pray for the light of the gospel to shine bright in the darkest places.

DAY 6

Freedom

“The Spirit of the Lord is on me, because he has anointed me to proclaim good news to the poor. He has sent me to proclaim freedom for the prisoners and recovery of sight for the blind, to set the oppressed free, and to proclaim the year of the Lord’s favor.” —Luke 4:18-19

We believe the good news of Jesus leads to freedom! We long for this generation to know him and pray for creative ways for the gospel to be proclaimed. Pray that God would

provide opportunities for the gospel to heal, restore, and bring life to every corner of every campus.

PRAYER

- Pray for God to bring personal, relational, and systemic transformation on campus.
- Pray for the good news of the gospel to spread on every campus and that it would be heard clearly.

DAY 7

Trust

“Love and faithfulness meet together; righteousness and peace kiss each other. Faithfulness springs forth from the earth, and righteousness looks down from heaven. The Lord will indeed give what is good, and our land will yield its harvest. Righteousness goes before him and prepares the way for his steps.”

—Psalm 85:10-13

Despite the current realities, we believe that the harvest is plentiful. College campuses are filled with

people and systems that need the kingdom of God to come and restore. We are expectant in uncertainty because we put our trust and hope in Jesus. As we end our seven days, would you pray for God to make us dependent on him as we pray for the campus to be transformed by his good news?

PRAYER

- Pray for God to give you deeper trust in him as he brings revival on campus!
- Ask God for a word of hope as you continue to pray for this generation of students and emerging faculty even beyond today.

